ROWI® KIDS

The ROWI KIDS after school program is designed to support children ages 8-12 with robust therapeutic support in a lively, vibrant, and compassionate environment.



Our personalized program is designed to address your child's specific needs and includes:

- **Individual therapy**
- **Family therapy**
- **Weekly Parent Support Group**
- **Weekly Multi-Family Group**
- **Speech & Occupational Therapy Groups**
- **Executive functioning skills development, including homework completion support**
- **Coordination with school team**
- **UCLA PEERS® Social Skills Program**

AFTER SCHOOL: Intensive Outpatient Program (IOP)

3 days a week/3 hours of on-site clinical programming

Average length of participation is 25-40 treatment days

Our program begins at 2:30 and ends at 5:30 p.m., Monday through Friday. Children may attend 3 days of their choosing per week, allowing them to still enjoy family time and extracurricular activities.

WE TREAT:

- Struggles with emotional regulation
- Impulsivity
- School avoidance
- Distress tolerance
- Depression
- Anxiety Disorders
- Gender Identity Issues
- Suicidal Ideation
- Self-Harm
- ADHD
- Autism Spectrum Disorders (ASD)
- Bullying

Most insurance accepted.

ROWIKIDS.COM (800) 721-ROWI

ROWI®
TEEN & PARENT WELLNESS CENTERS

You are not alone. Nearly 1 in 5 children have a mental, emotional, or behavioral disorder such as anxiety, depression, attention-deficit/hyperactivity disorder (ADHD), autism spectrum disorder (ASD), or disruptive behavior disorder. Children with these disorders greatly benefit from early diagnosis and treatment. Here's how ROWI KIDS helps to be part of the solution:

1. Child-Focused Approach

We understand the specific needs of children and design interventions that are age-appropriate, interactive, and engaging. Through a mix of individual therapy, group sessions, and expressive arts, we channel children's energy positively, promoting emotional and mental well-being.

2. Safe Environment

Your child will find a haven where they are encouraged to express, explore, and evolve, all under the vigilant eyes of our trained professionals.

3. Positive Peer Interaction

Children find peers who share and understand their experiences, fostering deep bonds, mutual support, and friendships that can last a lifetime.

4. Skills for Life

Establishing a strong mental and emotional foundation during childhood leads to a stable and successful adolescence and adulthood.

5. Family-Oriented

We believe parents are partners. Through workshops, counseling, and regular updates, we ensure that parents are actively involved in their child's healing journey.

Sample Schedule:

Schedule and holistic therapy options vary by location.

ROWI KIDS

AFTER SCHOOL (IOP)

Times	DAY 1	DAY 2	DAY 3
2:30-3:30	Executive Functioning	Executive Functioning	Executive Functioning
3:30-4:30	Occupational Therapy	Speech Therapy	CBT
4:30-5:30	Community Meeting	Distress Tolerance: Competitive Games	PEERS Social Skills

ROWI KIDS equips children with vital life skills - from emotional intelligence to conflict resolution, preparing them for various life challenges.

We emphasize growth, learning, and self-discovery. By establishing a strong foundation during childhood, we are paving the way for a generation that's resilient, compassionate, and ready for the world.