ROWI® KIDS

Robust mental healthcare for kids ages 8-12 in a lively, vibrant, and compassionate environment.



WE TREAT:

- Struggles with emotional regulation
- Impulsivity
- School avoidance
- Distress tolerance
- Depression
- Anxiety Disorders
- Gender Identity Issues
- Suicidal Ideation
- Self-Harm
- ADHD
- Autism Spectrum Disorders (ASD)
- Bullying

WE OFFER:

- **Individual therapy**
- **Family therapy**
- **Weekly Parent Support Groups**
- **Psychiatric care/medication management (PHP level only)**
- **School support**

ROWI KIDS is paving the way for a generation that's resilient, compassionate, and ready for the world.

Most insurance plans accepted.

Our evidence-based therapeutic groups utilize:

- Cognitive Behavior Therapy (CBT)
- Dialectical Behavior Therapy (DBT)
- Speech & Occupational Therapy
- UCLA PEERS® Social Skills Programming
- Executive Functioning Curriculum

ROWIKIDS.COM (800) 721-ROWI

OUR PROGRAMS:

FULL DAY
Partial Hospitalization Program (PHP)

8:00 a.m. - 2:30 p.m.
Monday through Friday

- School work is done in center
- Clients attend all 5 days
- Average length of participation is 25-40 treatment days

HALF DAY
Intensive Outpatient Program (IOP)

2:30 - 5:30 p.m.
Monday through Friday

- Homework assistance provided
- Clients select 3 days to attend
- Average length of participation is 30-40 treatment days

Sample Program:

Therapeutic offerings and program schedule vary by location.

ROWI® KIDS

Executive Functioning	UCLA PEERS® Social Skills
Body Awareness	Distress Tolerance
Occupational Therapy	Healing Arts
Breathwork	Speech Therapy
Music Therapy	Weekend Planning



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